

ÜBERSICHT DISZIPLINEN DTB-WAHLWETTKAMPF - MÄNNLICH

Alters-klasse	WK-Nr.	2 – Gerätturnen					3 – Gymnastik				4 – Leichtathletik				5 – Schwimmen					6 – Trampolinturnen			7 – Rope Skipping				
		Gerät					Handgerät				Disziplin				Disziplin					Disziplin			Disziplin				
		0 Boden	1 Pauschenpferd	3 Sprung	4 Parallelbaren	5 Reck	0 Spring, Medizin-/ Basketball	1 Fahnen oder Keulen	3 Seil	4 Hanteln	0 Lauf	1 Weitsprung	3 Kugelstoß	4 Schleuder-/ Vollball	1/5 Tauschen/ Freistil	2 Brust	3 Rücken	4 Kraul	5 Freistil	1 Trampolin	3 Mini-Tramp	4 Zwei-Sprung	1 30 sec Easy Jump	2 30 sec Speed			
M 12 – 13	11121	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	317 P3 – P7	327 P3 – P7	337 P3 – P7	347 P3 – P7				75m 417	Zone 422	3,0kg 433	0,8kg 440	15m 511	50m 525	50m 535	50m 545	50m 555	617 P3 – P7	637 P3 – P7	647 P3 – P7	710	720
M 14 – 15	11141	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	318 P4 – P8	328 P4 – P8	338 P4 – P8	348 P4 – P8				100m 411	421	4,0kg 434	1,0kg 441	25m 512	50m 525	50m 535	50m 545	50m 555	618 P4 – P8	638 P4 – P8	648 P4 – P8	710	720
M 16 – 17	11161	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	319 P5 – P9	329 P5 – P9	339 P5 – P9	349 P5 – P9				100m 411	421	5,0kg 435	1,0kg 441	25m 512	50m 525	50m 535	50m 545	50m 555	619 P5 – P9	639 P5 – P9	649 P5 – P9	710	720
M 18 – 19	11181													100m 411	421	6,0kg 436	1,5kg 442	25m 512	50m 525	50m 535	50m 545	50m 555	619 P5 – P9				
M 20 – 24	11201	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	319 P5 – P9	329 P5 – P9	339 P5 – P9	349 P5 – P9				100m 411	421	7,26kg 437	1,5kg 442	25m 512	50m 525	50m 535	50m 545	50m 555	619 P5 – P9	639 P5 – P9	649 P5 – P9	710	720
M 25 – 29	11251																										
M 30 – 34	11301	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	318 P4 – P8	328 P4 – P8	338 P4 – P8	348 P4 – P8				100m 411	421	7,26kg 437	1,5kg 442	25m 512	50m 525	50m 535	50m 545	50m 555	618 P4 – P8	638 P4 – P8	648 P4 – P8	710	720
M 35 – 39	11351																										
M 40 – 44	11401	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	317 P3 – P7	327 P3 – P7	337 P3 – P7	347 P3 – P7				100m 411 - oder - 3000m 413	Zone 422 - oder - Stand 423	7,26kg 437	1,5kg 442 - oder - 1,5kg 445	15m 511 - oder - 200m 552	50m 525	50m 535	50m 545	50m 555	617 P4 – P7	637 P4 – P7	647 P4 – P7	710	720
M 45 – 49	11451																										
M 50 – 54	11501	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	316 P3 – P6	326 P3 – P6	336 P3 – P6	346 P3 – P6				75m 417 - oder - 3000m 413	Zone 422 - oder - Stand 423	6,0kg 436	1,5kg 442 - oder - 1,5kg 445	15m 511 - oder - 200m 552	50m 525	50m 535	50m 545	50m 555	616 P3 – P6	636 P3 – P6	646 P3 – P6	710	720
M 55 – 59	11551																										
M 60 – 64	11601	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	315 P2 – P5	325 P2 – P5	335 P2 – P5	345 P2 – P5				50m 415 - oder - 3000m 413	Zone 422 - oder - Stand 423	5,0kg 435	1,0kg 441 - oder - 1,0kg 444	200m 552	50m 525	50m 535	50m 545	50m 555	615 P2 – P5	634 P2 – P4	645 P2 – P5	710	720
M 65 – 69	11651																										
M 70 – 74	11701	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	314 P1 – P4	324 P1 – P4	334 P1 – P4	344 P1 – P4																	
M 75 – 79	11751													50m 415 - oder - 3000m 413	Zone 422 - oder - Stand 423	4,0kg 434	1,0kg 441 - oder - 1,1kg 444	200m 552	50m 525	50m 535	50m 545	50m 555	614 P1 – P4	634 P1 – P4	645 P1 – P4	710	720
M 80 – 84	11801	209 P1 – P9	219 P3 – P9	239 P1 – P9	249 P1 – P9	259 P1 – P9	313 P1 – P3	323 P1 – P3	333 P1 – P3	343 P1 – P3																	
M 85+	11851																										